



**Hailsham**  
TOWN COUNCIL

FOR IMMEDIATE RELEASE:

## **Hailsham Community Forum Invites Residents to New Year Resolution Event**

13 January 2020

Are you looking to start a new hobby, take part in some volunteer work or meet new people in the area in 2020?

Residents in Hailsham are invited to go along to a special New Year Resolution event at Hailsham Parish Church and the church lounge on Saturday 25<sup>th</sup> January, from 10am to 2pm, which will showcase local community groups, clubs and voluntary organisations in the Hailsham area.

The event, organised by the Hailsham Community Forum, is open to everyone to attend and representatives from local community groups will be on hand to answer questions about what they do and how new members and/or volunteers can benefit from joining them.

There will also be a 'Volunteers' Hub' at which people who are unable to commit to joining any group or organisation but wish to help occasionally, can register their interest.

"It's the people of Hailsham that really make our town such a wonderful place to live and work," said Deputy Town Clerk & Business Enterprise Manager Mickey Caira.

"One of the best ways to meet new people and benefit from new experiences is through joining one of the many clubs and community groups around the town. Therefore, I encourage residents to come along to this special event, find out more about the groups operating in the local area and perhaps join one or more of them!"

Hailsham Community Forum organiser Jenny Seale said: "Nearly everybody makes New Year resolutions to join or do something. Whether it's to sign up to a gym, join a dieting class, enrol in a course, join a club, start a new hobby, meet new people and get out more... or do something of benefit in your community."

"By joining a local community group or club, you can find out about our town's history and wildlife, drive a bus as a Cuckmere Bus volunteer, take up bowling, go for scenic health and well-being walks around the town and meet new people at the same time, take part in a variety of sports, or perhaps even assist our local community radio station – Hailsham FM – as a show presenter or behind-the-scenes helper. The opportunities are unlimited."

For more information about the New Year Resolution event contact Jenny Seale on 07887 910150 or by email: [jennyseale567@gmail.com](mailto:jennyseale567@gmail.com).

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[For all enquiries relating to this press release, contact:](#)

Terry Hall  
Communications & Public Information Officer  
Hailsham Town Council  
Ingenook  
Market Street  
Hailsham  
East Sussex, BN27 2AE

Tel: (01323) 841702 | Email: [terry.hall@hailsham-tc.gov.uk](mailto:terry.hall@hailsham-tc.gov.uk)